

**LANCASHIRE YOUNG PEOPLE'S SERVICE  
GRANT APPLICATION SUMMARY  
DISTRICT**

Organisation name	The AFC Fylde Community Foundation			
Which District will the activities be delivered in?	Fylde			
What is the grant for?	<p>The funding will be for an 8 week programme to support individuals development by providing opportunities to build relationships, confidence and new participant opportunities by taking part in a range of continued stimulating activities. The sports delivered within this programme are Football, Dogeball and Basketball</p> <p>Costs breakdown:</p> <p>Hire of 2 x L2 detached youth workers @ £20ph including all mileage   £2040</p> <p>Design and print leaflets    </p>			

project?	<p><i>engagement work;</i></p> <p><i>Consultation prior to delivery- working with partners, The Foundation has consulted with a range of potential service users who The Foundation and its partner feel will benefit from participating in this project. Potential service users have provided The Foundation with a solid base of understanding around what service users need to overcome their barriers.</i></p> <p><i>Continuous consultation- each week, service users are provided with the opportunity to work with The Foundations specialist development team, who will work with The Foundation to continuously inform the project on what service users most need. This weekly engagement will provide service users with the best possible opportunity to inform and alter the direction of the programme, putting the service user at the heart of the programme.</i></p>		
Project total cost	£31240		
Amount requested	£2000		
Has applicant requested funding from any other sources for this project/event?	AFC Fylde Football Club - £140		
Details of other funding awarded in the last two years by the County Council and/or Young Peoples Service.	Year 2015 2016	Purpose Outreach work Outreach work	Amount £2000 £1200
Youth Council recommendations	<i>The youth council approved the grant and stated it will let the young people make new friends, improve social skills and develop skills they need in life</i>		
Amount recommended	£2000		

# LANCASHIRE YOUNG PEOPLE'S SERVICE

## GRANT APPLICATION SUMMARY

### DISTRICT

Organisation name	Strawberry Fields Training CIC (Easy Project)																				
Which District will the activities be delivered in?	Lancaster																				
What is the grant for?	<p><i>The funding would be spent on providing 144 hours of 1-2-1 therapeutic support sessions over a 15 week period for young people who suffer Emotional Health &amp; Wellbeing (EHWB) problems and struggle to cope with everyday life and at risk of missing education.</i></p> <p><i>Costs breakdown:</i></p> <p><i>Support session worker            £2000</i></p> <p> <b>Total Grant requested £2000</b></p>																				
Numbers of young people will benefit from the project if successful? (Age 20 – 24 only for those with learning difficulties or disabilities)	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%;">Total Male</td> <td style="width: 10%; text-align: center; border: 1px solid black;">15</td> <td style="width: 33%;">Total Female</td> <td style="width: 10%; text-align: center; border: 1px solid black;">7</td> <td style="width: 14%;"></td> </tr> <tr> <td>Number</td> <td style="text-align: center; border: 1px solid black;">22</td> <td>Number</td> <td style="text-align: center; border: 1px solid black;">80</td> <td></td> </tr> <tr> <td>Age 12-16</td> <td></td> <td>Age 17-19</td> <td></td> <td>Age 20 - 24</td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td style="text-align: center; border: 1px solid black;"></td> </tr> </table>	Total Male	15	Total Female	7		Number	22	Number	80		Age 12-16		Age 17-19		Age 20 - 24					
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Number	22	Number	80																		
Age 12-16		Age 17-19		Age 20 - 24																	
Will any vulnerable young people benefit from this funding?	<p><i>YES – The project will work with young people from the following backgrounds:</i></p> <ul style="list-style-type: none"> <li>- Homeless</li> <li>- Not in Education, Employment or Training</li> <li>- Young Carers</li> <li>- Learning difficulties or disabilities</li> <li>- Known to the Youth Offending Team</li> <li>- Black and Minority Ethnic young people (including Gypsy/Roma/Travellers)</li> <li>- Known to the Youth Offending Team</li> <li>- From a Low Income family</li> </ul>																				
How will this project help develop young people's personal and social skills.	<p><i>We encourage open and honest dialogue to enable young people to become more self-aware, improve their understanding of emotions and the effect these have on their physiology, state of mind, ability to learn, express themselves, relationships, confidence, self-esteem and behaviours</i></p> <p><i>We offer many coping strategies to improve communication skills, body language and active listening. Explaining the physiology of anger and anxiety so as to understand how we can diffuse the panic and alarm in our heads by recognising it surfacing earlier, and using breathing techniques to reduce impulsive and habitual reactions.</i></p> <p><i>We also encourage sport and fitness to burn off adrenaline and improve the body and mind's ability to remain relaxed and have clarity of thinking. Empathy is discussed and asking them to see the world from their parents, teachers and fellow pupils perspectives</i></p> <p><i>We encourage a more positive outlook, using a strength based approach and focussing on opportunities and an optimistic view on their potential. Motivational techniques are also employed to improve behaviour and educational attainment in the young people.</i></p> <p><i>Feedback from the pilot project suggests learning and developing social and life skills is evident.</i></p> <p><i>'I like having these meetings because I can tell people what is going on. As well as I get useful ways of solving my problems'.....(12 year old girl)</i></p>																				
How will young people be involved in developing and running the	<i>Young people are involved at every stage of the development of their own action / care plan from the start. The young person has the opportunity to influence their referral form</i>																				

project?	<p>(starting point), they have a second opportunity to develop their care plan at the initial assessment interview, and they also have the opportunity in every session to evaluate and change any part of their action/care plan through negotiation.</p> <p>In the final evaluation they have an opportunity to feedback anything they would want to see changed so other young people can benefit. For example, during the pilot project young people said they would prefer to receive their support in schools rather than a local youth club or library, hence why we now deliver most support in the school environment and with minimal impact to their timetable.</p>		
Project total cost	£17,791		
Amount requested	£2000		
Has applicant requested funding from any other sources for this project/event?	<p>Francis C Scott Charitable Trust £10,000 .....received</p> <p>Galbraith £2,500.....confirmed</p> <p>West Lancs Freemason's charity £ 3,500.....a/w result</p>		
Details of other funding awarded in the last two years by the County Council and/or Young Peoples Service.	Year	Purpose	Amount
	2015	To provide spot purchase EHWP support in order to reduce the number of young people waiting to access services	£5000
	2016	As above	£4,632
Youth Council recommendations	The youth council approved the grant and stated that it was seen as value for money		
Amount recommended	£2000		